

# *Sweet Indulgences*

DISCOVER CY-FAIR'S DELICIOUS DESSERTS AND SWEET TREATS

*Story and Select Photography by Russell van Kraayenburg*



Take time to indulge in a sweet treat with friends and family this winter at one of Cy-Fair's many bakeries and restaurants



The campfire cupcake at Sugar Blossom Treats layers chocolate chunks, graham crackers, and marshmallow cream frosting on fluffy vanilla cake



With tart lime zest, lime filling, and cream cheese frosting, Treat's Key lime cupcakes offer a tangy, yet sweet dessert



Mia Bella's creamy and rich chocolate mousse cake

# Winter

While winter time in Cy-Fair doesn't always mean freezing temperatures and layers of warm clothing, it's certainly a great season to spend time with your family enjoying smiles and a sweet treat. With so many decadent desserts in Cy-Fair, you are sure to discover a delicious way to satisfy your sweet tooth.

### **Bananas Foster**

Luigi's Ristorante Italiano  
12779 Jones Rd., Houston  
281-807-1091

If you are looking for a sophisticated treat with a rich sauce and wow factor, this house specialty is your answer. Marrying the comforting flavors of cinnamon, sugar, and butter with the simplicity of bananas, this dessert dazzles. The whole dish is flambéed and then topped with ice cream for a delightful flavor.

### **Banana Pudding**

Royal Tea Room  
25610 Hempstead Rd.  
Cypress  
281-256-6665

Sometimes, revisiting a simple dessert from childhood is the best way to end a meal. The Royal Tea Room's delightfully smooth banana pudding is made from scratch. This light dessert is perfect after lunch or alongside a cup of coffee for a sweet afternoon treat.

### **Campfire Cupcake**

Sugar Blossom Treats  
12020 FM 1960 Rd. W.  
Houston  
281-807-0100

One bite of this cupcake will take you back to evenings spent around a crackling campfire snacking on s'mores. The fluffy vanilla cake is spotted with chocolate chunks and bits of graham crackers. A marshmallow cream frosting that has been toasted completes its wonderfully nostalgic flavor. These cupcakes are perfect to enjoy by the fireplace or with the family on a cold winter's night.

### **Caramel Coconut Ice Cream Pie**

Tea for Two  
13115 Louetta Rd. 8475 Hwy. 6 N.  
Houston Houston  
281-655-4900 281-855-1118

The delicious layers of flavors in the caramel coconut ice cream pie come together in a sublime cold package. Caramel, cream cheese, whipped cream, and pecans give this pie a creamy, sweet taste perfect for those mild winter days.

### **Chocolate Mousse Cake**

Mia Bella  
110 Vintage Park St.  
Houston  
281-251-8930

The light and chocolatey mousse cake at Mia Bella is a wonderful way to celebrate the end of a fantastic meal. Bites are creamy and rich with chocolate. Brighten the day of your family's chocolate lover with this dessert.

### **Chocolate Overload Cake Truffle**

Frosted Bakery  
17001 FM 529  
Houston  
281-550-7044

With soft, rich chocolate cake covered with a melt-in-your-mouth chocolate shell, chocolate overload may be an understatement for this dessert. It's one of Frosted Bakery's most popular choices and is available in cupcake and cake versions, too. If chocolate is not your favorite, Frosted Bakery has a plethora of delicious options.

### **Crepe Brulee Crepe**

CoCo's Crepes  
114M Vintage Park Blvd.  
Houston  
281-378-7600

If you are craving the sweet, creamy flavors of custard, then the crepe brulee crepe is just what you are looking for. Covered with strawberries and chocolate, this sweet crepe turns the classic dessert on its head. Don't stop there, though. CoCo's Crepes has a wide selection of wonderful dessert crepes to sample.

### **Drew's Italian Cream Cake**

Drew's Pastry Place  
10300 Louetta Rd., #114  
Houston  
832-717-3530

As your fork slides through the exquisite layers of this elegant cake, your mouth will begin to water with anticipation. Rich cream cheese frosting speckled with pecans and coconut sits between two soft layers of vanilla cake. One slice will have you going back for an entire cake to share with the family.

### **Flourless Espresso Chocolate Jolt Cake**

Merche Restaurant  
21208 N.W. Fwy.  
Cypress  
281-949-5999

This decadent chocolate cake with a touch of espresso is the perfect way to end any meal. Moist, smooth chocolate melts on your tongue, as the sweet tartness from the raspberry sauce awakens your taste buds. This cake is perfect for any chocoholic and will have you coming back again and again.

### **J.B.'s Texas Turtle**

Connie's Frozen Custard  
12545 Jones Rd.  
Houston  
281-469-3444

For mild winter days, Connie's Frozen Custard is the perfect place to grab dessert. Their J.B.'s Texas Turtle layers homemade vanilla custard with hot fudge, caramel, roasted pecans, and cherries. It will have you wishing summer was here, so you could have one every day.



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### Key Lime Cupcake

Treat! cupcakes  
126Q Vintage Park Blvd.  
Houston  
281-251-0016

The cupcakes at Treat are both cute and scrumptious, and the Key lime is a perfect pick-me-up from the winter blues. The vanilla cake is mixed with tart lime zest, filled with a luscious lime filling, and topped off with Treat's signature cream cheese frosting. Biting into this petit cake is like a sublime slice of a classic Key lime pie.

### Peach Cobbler

Cypress Station Grill  
26010 Hempstead Rd.  
Cypress  
281-304-1290

The peach cobbler at Cypress Station Grill will make you nostalgic for your grandmother's kitchen. The fresh, fruity flavor of the peaches, paired with the wonderful sweetness of brown sugar creates a tasty combination.

### Pecan Pie

Valley Ranch BBQ  
22548 Hwy. 249  
Houston  
281-376-1588

Few things symbolize the south like barbecue and scrumptious pecan pie. You can get both at Valley Ranch. Delectable, crunchy pecans surrounded with tasty, gooey filling in a flaky pie shell make this pie stand out amongst the rest. Go for the barbecue, but you will stay for their pie. **CFM**

*RUSSELL VAN KRAAYENBURG grew up in Cypress and enjoys exploring the area's numerous eateries.*



Christina with a slice of Mia Bella's chocolate mousse cake

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