

# BABY TALK

*Cy-Fair parents share tips on common topics we all face*

**Q** *What are some good convertible car seats?*

#### **Safest Car Seat**

"My friend recommended the Britax Marathon. Britax is considered the #1 safest car seat brand." - G.B.

#### **Forever**

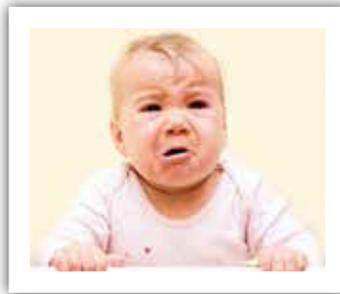
"I just got the Forever car seat by Graco. So far I love it!" - V.M.

#### **NextFit**

"I had the Chicco NextFit and it was great! I liked that it was easy to take the padding off to clean." - N.E.

#### **SureRide**

"The Evenflo SureRide is a great buy. It's light, easy to install, and has great crash test ratings." - E.M.



**Q** *Are there any alternatives to antibiotics for ear infections?*

#### **Listen to the Doc**

"If your doctor is prescribing antibiotics, I think you should follow his or her advice." - E.C.

#### **Chiropractor**

"Have you checked into chiropractic work? I took my son after the same issue and it worked like magic!" - L.S.

#### **Change it Up**

"Maybe ask your doctor for a different antibiotic? Amoxicillin didn't work for my daughter, but Ceftriaxone did." - S.C.

**Q** *My son has hit the terrible threes. Any advice on how to handle this?*

#### **Chart Topper**

"We started using a behavior chart. He gets to put a check mark at the end of the day and gets a small gift." - A.M.

#### **Redirection**

"Redirect him when he starts to get out of control. This should take his mind off of what upset him." - F.H.

#### **Time Outs**

"If you use time outs, don't let him sit there longer than three minutes. When you speak to him after, get down on his level and make him look you in the eyes." - S.T.

**Q** *My kid refuses to give up the pacifier. Any ideas on how I can get her to stop?*

#### **Cold Turkey**

"I'm in the same boat! I'm waiting for a long weekend before making my child go cold turkey, though. I heard it usually only takes three days." - K.D.

#### **Yucky**

"We just pretended like it was the most disgusting thing. We would tell our son, 'Yuck! Pacis are so yucky.' Worked like a charm." - A.L.

#### **All on Her Own**

"We started by only allowing it at nap and bedtime. Eventually, our daughter just gave it up on her own." - K.L.

#### **Forgetful**

"We sent him to grandpa's house for the weekend and 'forgot' to pack it. He came home, it was gone. He never asked for it again." - J.D.

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