

NEWS FROM CY-FAIR AREA BUSINESSES



Holistic Health and Wellness

Dr. Mick Mahan, owner of Discover Wellness, has been an invaluable holistic health and wellness resource in the Cypress area. His practice is founded on five principles of health: mind, nervous system, quality nutrition, relationships, and minimized toxins. The customized and exclusive technology system works to balance hormones and adrenal glands, reset metabolism, detox and revitalize at the cellular level, increase energy, and look and feel your very best.

281-345-4450 | drmickmahan.com | See ad on page 5



Cypress Real Estate

Maelia Davis has over 26 years' experience in sales and marketing and specializes in real estate for the Cypress area listing homes and getting them sold. She is a certified negotiations expert as well as a member of the Institute for Luxury Home Marketing. She provides a free four-hour home readiness package to make sure her clients experience the least amount of stress getting their homes ready to sell.

281-213-6213 | txrealtypro.com | See ad on page 119



Improving Your Home

HHI Patio Covers Houston specializes in building custom patio covers, outdoor kitchens, and carports. They guarantee that they will match your existing home construction. Their vast knowledge of available products and outstanding service since 1981 makes them superior in this industry. Accredited by the BBB, Houston Home Improvements and Construction is a registered and bonded residential builder in the state of Texas.

281-686- | hhipatiocovers.com | See ad on page 45



Convenient Moving and Storage

Zippy Shell can make your spring cleaning simple, affordable, and convenient. Providing you with the flexibility of portable self-storage at a rate you're going to love. They'll bring a storage container you fill at your convenience. When it's full, they pick it up and take it to their secure storage facility where you can access it at your convenience. When you're ready to take your items back, they'll bring the container to you. Call today for a free quote.

832-581-4852 | zippysell.com | See ad on page 99





Celebrating 60 Years

Barcelona Sporting Goods is proud to be celebrating its 60th year as an institution in team sports and a top provider of elite athletic equipment to schools, leagues, teams, and individual athletes in the state of Texas. They have thrived through the years by giving their customers what they deserve: excellent personal service, absolute reliability, and unmatched knowledge of the products they sell. They look to a bright future with the same values that it was built on in 1956.

713-464-8313 | barcelonasports.com | See ad on page 107



Shaping Competitive Swimmers

Established in 1975, Cy-Fair Swim Club is a USA Swimming year-round competitive swim team offering quality, professional coaching and technique instruction for swimmers of all ages and abilities. The goal of Cy-Fair Swim Club is to provide every member an opportunity to improve their swimming skills and achieve success. All of their coaches are members of the American Swim Coaches Association and strive to help every student reach their full potential.

281-376-0847 | fleetfirstswimschool.com | See ad on page 117



Auto Care You Can Trust

Auto-Lab Cypress is committed to proper diagnostics using factory software and top-notch repair work. They provide complete auto repair services at competitive prices as your "dealer alternative" and are building long-lasting relationships with members of the Spring and Cypress communities. Trust your car to the auto repair experts at Auto-Lab Texas. They stand behind their work with a 24-month/24,000-mile warranty on every repair.

281-746-3320 | autolabtexas.com | See ad on page 91



High-Quality Cleaning Services

Maids Ready provides high-quality cleaning services for an affordable price. They use a three-person team approach and each staff member is trained, bonded, and insured. Maids Ready does not charge by the hour. You will receive a flat rate and estimate. They offer services from on-call move in/move out to every six weeks, laundry services, and much more. Call today to receive a free estimate.

281-866-1087 | maidsready.com | See ad on page 131

